

# WELCOME TO THE CHARLESTON FAMILY Y



**OBEY**  
THE LIFEGUARD  
AT ALL TIMES

Swimming permitted only  
when a guard is on duty.



**CHILDREN  
12 & UNDER**

MUST HAVE A GUARDIAN  
IN POOL UNLESS PASSING  
A SWIM TEST

**Passed your swim test?**

**9 & UNDER** MUST HAVE A GUARDIAN  
ON POOL DECK  
**10-12** MUST HAVE A GUARDIAN  
IN BUILDING



**ALWAYS  
SHOWER**

BEFORE ENTERING  
POOL OR WHIRLPOOL

**ABSOLUTELY NO**

- RUNNING
  - FIGHTING
  - SHOVING
  - PROFANITY
  - CELL PHONE USE
  - HORSEPLAY
  - THROWING OBJECTS
  - GUM
  - INFLATABLES
  - FLIP OR SPIN ENTRIES
  - BREATH HOLDING ACTIVITIES
  - HANGING ON LANE LINES
  - PERSONS UNDER 13 IN WHIRLPOOL
  - MISUSE OF EQUIPMENT
- NO DIVING -**



**INFANTS**

MUST WEAR APPROPRIATE  
SWIM DIAPER



**APPROPRIATE  
SWIM ATTIRE  
REQUIRED**



**POOL  
CLOSURES**

We may limit pool  
use based on  
proximity  
of thunder  
and  
lighting,  
or for  
other  
circumstances  
deemed unsafe by  
aquatics staff.



**PLEASE LIMIT  
LAP SWIMMING  
TO 30 MINUTES WHEN  
OTHERS ARE WAITING**

**LANE SHARING  
IS ENCOURAGED**

**O  
N  
L  
Y**

**COAST-GUARD  
APPROVED  
FLOATATION DEVICES  
ALLOWED**



**CHILDREN**

WEARING A **PFD**  
MUST HAVE A GUARDIAN  
WITHIN ARM'S REACH

**NO FOOD,  
DRINK OR  
GLASS**  
EXCLUDING WATER



THE CHARLESTON FAMILY YMCA RESERVES THE RIGHT TO  
MODIFY THE RULES AS NECESSARY. VIOLATION OF RULES  
MAY RESULT IN LOSS OF POOL AND/OR FACILITY PRIVILEGES

**BE SAFE**

**JUMP IN**

**HAVE FUN**